SLEEP GUMMIES

Hush



*Close the day beautifully. Make room for your evening ritual.**

Soft Concord grape meets a thoughtful blend of jujube seed, reishi and evening botanicals. With a small, measured dose of melatonin, Hush makes sleep support a ritual to look forward to.*



IN THE BLEND · JUJUBE SEED · REISHI · CONCORD GRAPE

WHY CHOOSE HUSH

01

Sleep support, thoughtfully dosed*

0.35 mg melatonin per gummy supports your natural sleep-wake cycle. Start with one; maximum two daily.

02

A botanical evening ritual

Jujube seed and reishi bring herbal tradition to a modern bedtime blend.

03

A little luxury before lights out

Soft Concord grape flavor in a chewable gummy. An inviting alternative to another capsule.

YOUR DAILY RITUAL

1 **YOUR SERVING**
1 gummy

2 **YOUR TIMING**
30 minutes before bed

3 **YOUR ROUTINE**
Chew and enjoy; do not exceed 2 daily.

Take 1–2 gummies 30 minutes before bed.

1 gummy (2.5 g) per serving · 20 servings per tin

BEFORE YOU START

Ask your healthcare provider before use if you are pregnant, nursing, on medication or have a medical condition. Not for children unless a healthcare provider advises it. Do not exceed 2 gummies daily. May cause drowsiness; do not drive after use. Keep out of reach of children. Made with coconut.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.